

COMPOSTING 101

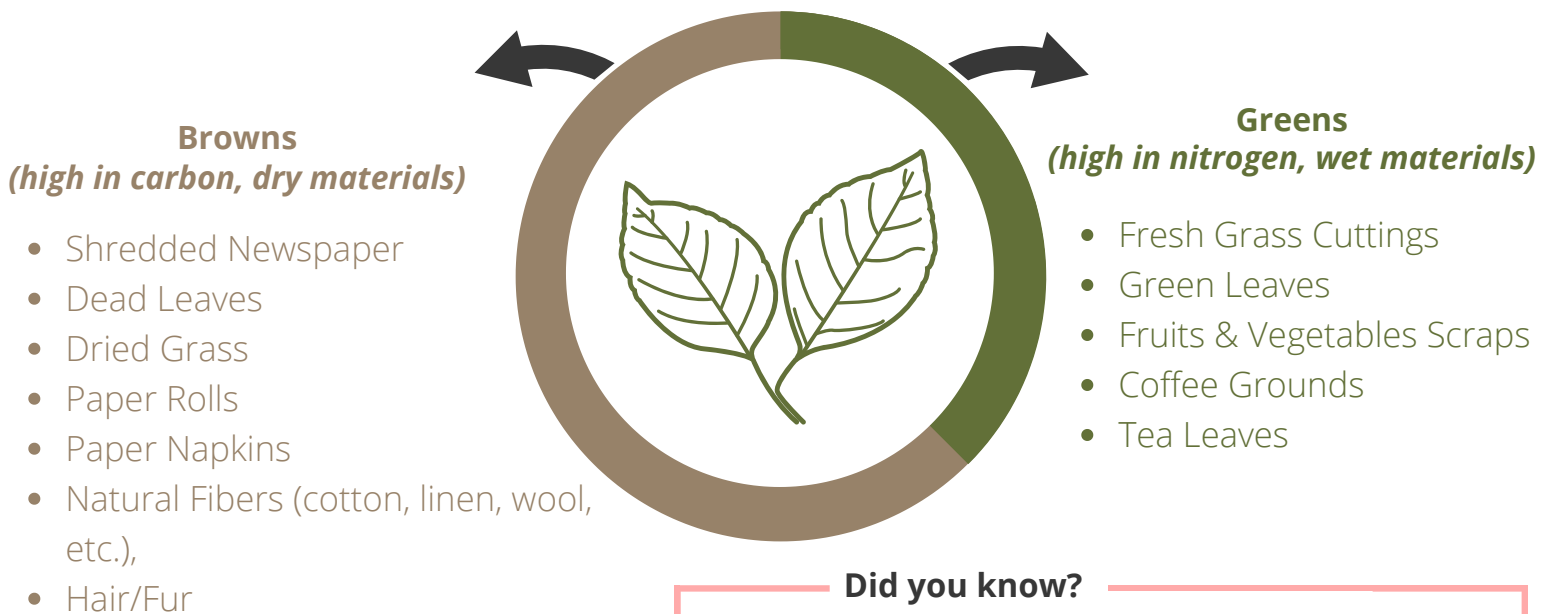
Why compost?

- Enriches soil, helping retain moisture and suppress plant diseases and pests.
- Reduces the need for chemical fertilizers.
- Encourages the production of beneficial bacteria and fungi that break down organic matter to create humus, a rich nutrient-filled material.
- Reduces methane emissions from landfills and lowers your carbon footprint.

SOURCE: WWW.EPA.GOV/RECYCLE/COMPOSTING-HOME

WHAT CAN YOU COMPOST ?

THE IDEAL COMPOSTING RATIO = 3 PARTS "BROWN" TO 1 PART "GREEN"



DO NOT COMPOST

Bread, rice, meat products, walnuts, used personal hygiene products, dairy products, cooking oil, or human/animal feces

Did you know?

About 40% of all food, about 160 billion pounds of food per year, produced in the United States does not get eaten? That's like buying five bags of groceries and dropping two in the parking lot without bothering to pick them up.